

## Tips for Earth Hour Saturday, March 28 8:30 – 9:30 p.m.

1. Turn off those blinking red lights—they are power vampires that suck energy to stay in a constant state of standby. (VCRs, TVs, coffee pots, radios)
2. Turn your thermostat down one to two degrees. (Put on a sweater)
3. Turn off your lights if you aren't in the room. Consider using low-energy lights.
4. Air dry your clothes with a clothesline or drying rack, instead of using the dryer.
5. Unplug all your chargers when not in use—cell phone, blackberry, MP3 players, digital cameras, cordless tools, and electric toothbrushes.
6. Turn off your computer or put in sleep mode. Screensavers don't save electricity.
7. Wash full loads of dishes and clothes. Dishwashers, clothes washers and dryers are the most energy-consuming items. Most energy for clothes washers goes to heating water, so cooler water settings can provide savings on heating bills.
8. Close your drapes after dark to keep the heat inside your house or apartment.
9. Make it a family affair—turn off the computers, MP3 players—sit down as a family and play a board game or tell family stories.
10. Make it fun—involve your friends and neighbours. If you're a hockey fan, invite your friends and neighbours over to watch the game together. Share the TV, and turn off the other appliances in the house.
11. Devote an hour of your life to the Earth every day.



Encourage businesses to turn off their power from 8:30 – 9:30 p.m. on Saturday, March 28, and encourage them to ask their employees to do the same.

Even schools can join in the fun!

### **Announcing:**



Sarnia-Lambton's authoritative online source for the exchange of eco ideas: [www.thegreenshare.com](http://www.thegreenshare.com)! Visit today to share what you are doing for Earth Hour! Be sure to sign up to be notified when the site launches.

In the coming weeks you'll be able to **share** ideas with like-minded individuals on the **green** topics of naturalization, transportation, and your home environment! Even more reasons to sign up today: Learn what's happening in your community, exclusive contests and creative eco ideas from people just like you!

*Prepared by the Community Round Table Environment Committee*

### About us:

The Environment Committee was established by the Community Round Table to implement the Environmental Action Plan "Individual Actions to a Green Community". The Community Round Table is composed of citizen representatives from the various sectors of the community. It was established to advance strategic initiatives that have been identified by citizens.